

# HOW WILL YOU GIVE?



## GIVE TIME

- Help someone with a chore
- Plan to take out the trash for a neighbour this week
- Surprise someone by cleaning something for them (eg a pair of shoes)
- Give up doing one thing to let someone else get time with you
- Do laundry for a friend who had a baby or is going through a tough time
- Get together with some friends and organize a clean-up in a local park or forest
- Fetch water for a neighbour
- Visit a friend or relative who would appreciate some company
- If you see someone carrying heavy shopping, offer to help carry
- Help out at your church
- Babysit to let a couple have date night
- Plan a day to read a story to children in your church or neighbourhood
- Find out where the nearest home for the elderly is and plan to visit
- Go to a hospital during visiting hours and spend time with people who don't have any visitors
- When returning your supermarket trolley, take someone else's too
- Dig a shamba or water plants for a neighbour
- Going shopping? Ask a friend or neighbour if they need anything



## GIVE COMPASSION

- Ask someone "How can I help?"
- Share a book quote, bible verse or poem with someone who needs encouragement
- Give out compliments to others
- Call a friend to say hi and check how they are doing
- Use a WhatsApp group to ask if anyone has a prayer request they would like to share
- If you see a colleague struggling at work, ask if there is any way to help them



## GIVE SKILLS

- Look for opportunities to volunteer for an organisation
- Are you an expert in something? Offer advice to someone starting out in your field
- Good in photography? Take great shots for an organisation that needs some for social media/website
- Social media guru? Offer some online tips to those starting a small business
- If marketing is your thing, help a social enterprise develop a marketing strategy
- Work in HR?? Share tips with young people looking for employment or offer to review their CV
- Offer to help students with a school project



## GIVE STUFF

- Help parents who are struggling – buy a pair of shoes for a child going back to school
- Buy exercise books and pencils for a child whose family needs support
- Pick one day and plan to make an extra serving of food to share with someone
- Invite someone from your neighbourhood for a meal
- Give a police officer a bottle of water or soda
- Give blood or sign up to be a donor for Wanadamu
- Leave mandazi on a colleague's desk for breakfast
- Go through your clothes and find a few items to give away to someone in need
- Pass on a book or magazine to a friend
- Take small food treats to work/school to share with others
- Place a bag in your kitchen. For one month, add dry food items then donate the bag for Christmas
- Look out your old school textbooks and donate to a project or individual who needs them
- Donate your old cellphone, laptop or tablet to someone in need



## GIVE THANKS

- Say hi to the guard in your compound at home or work and appreciate them
- Write a positive comment on a blog or facebook post
- Thank a traffic cop who is keeping the traffic flowing
- Write to a teacher or role model. Tell them how they made a difference in your life
- Give a security guard chapatis or a bag of unga to appreciate their work
- Deliver a batch of mandazi to your local police station to say thanks for the service
- If you've had good service, post a review on a blog or Facebook page
- Take some snacks to your local public hospital to appreciate the nurses
- Say thanks to the conductor as you alight from the bus or matatu



## GIVE MONEY

- Pay for the passenger sitting next to you in the matatu
- Buy a voucher for your local coffee shop and gift it to someone
- Support your local duka by buying something on the way to/from home today
- Buy a drink and snacks for someone at work who wouldn't expect it
- Tell the cashier at the supermarket to use your change to give another customer a discount
- Pay the caretaker or guard to wash a neighbour's car as a surprise
- If you have lots of coins, offer to exchange them for a note in a shop
- Buy sweets or snacks from a hawker and ask them to give them to someone else
- Pay for someone's parking