

# Love your Mama/Baba Mboga



**You can:**

- 1. Decide to buy your week or month's vegetables from one specific person. Even invite your friends to do the same.**
  - 2. Get to know your Mama/Baba Mboga more – Say hi and find out who (s) he is when (s) he's not selling the vegetables.**
- OR**
- 3. Gift them with a practical gift, if they have been your mama/baba mboga for a long time. Gift items can be lesos, fanny pack to carry their money in, rubber shoes or gumboots, brand new t-shirts etc.**